

HALIFAX metro®



Dog broker facing more charges

Already convicted of animal cruelty, Gail Benoit now faces assault allegations on top of prior fraud charges

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Torontonians outraged by shooting

Vigil held for young man shot repeatedly by police

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Saks and the (Canadian) city

Hudson's Bay Co., hoping that Saks sells, is planning to bring the upscale retailer north of the border

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'WHO AM I TO JUDGE?'

POPE FRANCIS TAKES A COMPASSIONATE APPROACH TO HOMOSEXUALITY IN FIRST NEWS CONFERENCE

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GLOOM AND BLOOM

A pedestrian shields herself from the rain while walking past a flower bed in full bloom along Spring Garden Road on Monday. Environment Canada is calling for a risk of thundershowers on Tuesday.

JEFF HARPER/METRO

Spirit Place up for debate

Public hearing. Three years after proposal, modified version of seven-storey seniors' complex goes to regional council hearing



HALEY RYAN
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Regional council could decide tonight whether to allow a contentious development project at the corner of Windsor and Willow streets to proceed.

A public hearing will be held at this week's council meeting, at which residents can offer their opinions on the proposed plan for a church and seniors' complex.

"Of course we're hopeful that the city councillors will see their way clear to approve it," said Brian Jay of the implementation team at St. Joseph's United Church. "We've been

Movin' on up

59

Spirit Place backers are asking for extra height to house 59 more apartment units.

working on this for a long time."

Three years ago, St. Joseph's applied to demolish the current church, which is not being used, and build the seven-storey housing complex.

Council must approve changes to local planning by-laws so Spirit Place can stand 72 feet tall instead of the 62 allowed under current regulations.

"I know that there are some neighbours that are not in favour of it because they feel it's too big or too tall — despite the fact that there's a 60-foot high church already there," said Jay.

Spirit Place would be made of steel and concrete, and Jay

said the extra height and 59 apartment units are needed to make the building "worth-while."

"We didn't want to build some rickety little thing of wood," Jay said. "In this day and age, I don't think seven floors is exceptionally high."

Jay said the development team made 12 changes to the original plan after conversations with local residents and the city.

The mass of the building has been reduced by 17 per cent, narrowing the footprint of the building, and a driveway has been added off Willow Street.

"(This) allows people who live in the neighbourhood to remain in the neighbourhood by downsizing to an apartment," Jay said.

He said the units will be affordable because the church, in partnership with Saint Vincent's Nursing Home, will run the building.

"We're not in it for profit," he said.



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Notorious puppy broker charged with assault

Gail Benoit. Crown releases few details about new allegation against woman who sold thousands of sick dogs



ANDREW RANKIN
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Convicted puppy broker Gail Benoit will be fighting an assault charge in addition to the fraud charges she was already facing in the alleged unauthor-

ized sale of two dogs.

Wearing a black tank top and camouflage pants, Benoit appeared in Dartmouth provincial court on Monday to answer to a common-assault complaint stemming from an alleged incident involving a man named Joshua Robinson in Dartmouth on July 22.

Crown attorney John Wade wouldn't release specific details about the assault, the man or his relationship to Benoit.

Wade agreed to allow the release of the Bridgewater woman on recognizance, which was delayed until Tues-

day morning until Benoit could arrange for a signer.

"Today she can't find or can't get a surety here, so she's consented to remand until Tuesday morning and she'll find a surety then," he said.

A court date to deal with the alleged assault will also be scheduled.

Benoit is facing charges of fraud, theft under \$5,000 and identity fraud after an alleged incident last year in which police say she agreed to look after a pair of boxers belonging to a Saint John, N.B., woman, and then sold them.

After a three-week investigation, police in Bridgewater recovered the dogs and returned them to their owner.

Benoit is expected to enter a plea in that case on Wednesday. She has agreed to a court-ordered ban on selling or owning any animals while the case is before the courts.

Benoit has a previous conviction for animal cruelty. She and her then-partner Dana Bailey were convicted in 2009 for selling sick puppies.

According to the Crown, the couple had sold as many as 30,000 dogs from 1996 to 2009.



Gail Benoit is escorted from Dartmouth provincial court on Monday. ANDREW RANKIN/METRO



Waging cycle-logical warfare against heart disease

HRM staff and supporters pedal the Heart and Stroke Foundation Big Bike, which rolled into town on Monday. Celebrating its 20th anniversary, the Big Bike aims to raise money for research into heart disease and stroke, as well as raising awareness and promoting healthy living.

JEFF HARPER/METRO

1 NEWS



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Rocky Jones. Well-known activist dies in hospital

Well-known Nova Scotia lawyer and social activist Burnley Allan 'Rocky' Jones has passed away, just shy of his 71 birthday.

According to media reports, Jones died in hospital Monday after suffering several heart attacks.

The Truro native was devoted to issues of racial equality, poverty and human rights. His activities with Toronto's Students Union for Peace Action in the 1960s earned him the nickname "Rocky the Revo-

lutionary" and he was instrumental in founding programs for African Nova Scotian and Mi'kmaq students at Dalhousie University. He worked for legal aid after receiving his law degree in 1992 until he founded his own law firm, focused on human and prisoner rights and labour law.

Jones received several awards for his work, including the Order of Nova Scotia in 2010.

METRO

'Fair is fair.' Weekly green-bin pickup for all next summer?

Residents of HRM's rural areas may be out of luck for weekly green-bin pickups this summer, but one councillor would like to see it happen next July.

An information report coming to council this week suggests it would cost nearly \$400,000 to extend the service to every household in HRM — and \$52,000 to do so just for this August.

The report recommends against trying to make the change this year, but the councillor who asked for the report said he'll try to get it in the 2014-15 budget.

"You want to look at it as an issue of fairness," said Coun.

Stephen Adams, who asked for the report. "When you hear, 'Well, they get it how come we don't?' I can't tell them why."

He said rural lots are typically larger than city yards, and some councillors have justified the bi-weekly pickups by saying green bins can be kept farther from a house.

"But smell is smell, and fair is fair," said Adams.

Adams said he will bring up the issue in council Tuesday and ask to include weekly pickups in next year's budget.

"I want this to be successful in the long term, and not just a one-hit wonder," Adams said.

HALEY RYAN/METRO

Workplace safety

Minister wants new fines for work violations

The province is proposing new penalties such as escalating fines for employers and employees who repeatedly break workplace safety rules.

Labour

Minister Frank Corbett released a discussion paper Monday that he says aims to crack down on companies that put workers at risk.

The paper proposes a structured fine schedule that would see the province levy higher fines for repeat offenders.

The Labour Department is seeking public feedback on the proposed changes until Sept. 26.

THE CANADIAN PRESS



Frank Corbett

Timberlea

Youth charged with stunting

RCMP charged a Timberlea youth with stunting after clocking a vehicle at 194 kilometres per hour in a 110 zone on Sunday.

A 17-year-old was charged with stunting. If convicted, the driver faces a fine of \$2,412.41 and six points will be assigned to his record.

METRO

Middle Stewiacke

RCMP investigate diesel theft

RCMP investigators are looking into the theft of around 2,000 litres of diesel. Sgt. Al Affleck says the fuel was siphoned out of a milling machine and water-fuel truck parked on a logging road in Middle Stewiacke.

THE CANADIAN PRESS



Sea King to help museum celebrate anniversary

A Royal Canadian Air Force Sea King helicopter is moved to the Shearwater Aviation Museum on Monday. The museum is helping celebrate the 50th anniversary of the Sea King, which first arrived at the base on Aug. 1, 1963. ANDREW VAUGHAN/THE CANADIAN PRESS

Councillor sick of salaries that go bump in the dark

Coun. Steve Craig. Motion to be tabled will introduce review every four years of remuneration for elected officials



HALEY RYAN
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One regional councillor is taking steps to change the way salaries are set for elected officials in HRM.

Coun. Steve Craig will table a motion at Tuesday's council meeting seeking to implement an automatic review of councillors' pay every four years, before a municipal election.

"The (current) philosophy

and the formula is set, and will stay forever and a day unless somebody makes a motion," Craig said. "I don't believe anything should stay forever and ever and ever without review."

The review would require the CAO and an independent committee to examine whether the formula still works, and present their findings to council.

Craig said HRM councillors' pay is currently set on an annual basis by a formula using the populations of eight other Canadian cities and the salaries of

councillors in those cities.

"We get the mutual fund of salaries, regardless of the methodology to come up with the number, regardless of the value of the work being done," Craig said. "We get the benefit, the hodgepodge of everything."

Craig wouldn't say whether he thinks councillors are being paid fairly at the moment, but said basing salary on experience would be difficult.

"There's no performance measure, you don't even need to show up to the job to get paid," Craig said. "So whoever's looking at this, I think we accept their critical view of what's going on."

Councillors will get an automatic bump in pay this fall and Craig said he'd like a rational discussion about a new process before then.



Coun. Steve Craig METRO FILE

"Let's do it now in a calm fashion, look at it, get the emotion out of it and have a good, rational discussion about the process," Craig said. "Let's just put it in policy and make it happen."

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The salary of an HRM councillor in 2012-13 was \$77,043.36



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Rescue. Cops bring happy end to 'hawkward' problem

A red-billed hawk is expected to soar again after being plucked from danger by two local RCMP officers and a wildlife rescue volunteer.

On Saturday, Mounties in Lower Sackville got a call reporting an injured bird in severe distress on Highway 101.

Police found a red-tailed hawk suffering from broken wings and "serious head trauma." The bird had been hit by a passing vehicle.

A volunteer with the Cobeguid Wildlife Rehabilitation Centre found the bird, and the two RCMP officers helped get it ready for transport.



Lower Sackville RCMP Const. Corey Ford holds an injured red-tailed hawk. CONTRIBUTED

Const. Corey Ford wrapped the bird in his jacket as they were taken to the rehabilitation centre in Brookfield.

RCMP spokesperson Cpl. Scott MacRae said the rescue attempt came off smoothly without any pecking or other injury to any of the humans involved.

The hawk is expected to make a full recovery and will be released in the same area in which it was found.

Citizens who encounter injured or potentially dangerous wild animals should contact police or the Department of Natural Resources.

EVAN MCINTYRE/FOR METRO

N.S. paving program. Review needed: Group

The Canadian Taxpayers Federation is calling for an independent review of the Nova Scotia government's paving program after obtaining documents through access-to-information that say its labour costs are over budget.

The federation released the documents, which say the government has spent more than double its per-kilometre budget for salaries, benefits and overtime.

The documents also say only 227 kilometres of planned chip seal and asphalt

paving was completed in 2012, well below the target of 456 kilometres.

Kevin Lacey, the Atlantic spokesman for the group, says the program is inefficient and should be reviewed.

The government's \$3.6-million mobile asphalt plant went into operation in August 2012.

At the time, the government said it wanted to address unfair pricing and a lack of competition for project tenders in some rural areas of the province. **THE CANADIAN PRESS**



Victoria Road in Dartmouth. JEFF HARPER/METRO

Residents unfazed by swarming attack

Dartmouth. Police say assault involving up to 20 suspects is worrying, but Victoria Road neighbourhood is safe

Residents of the Dartmouth neighbourhood where 20 young men pounced on five complete strangers and beat them up say it was a one-time incident, and they don't feel the area is unsafe.

"There's a couple of buildings that are boarded up and kind of sketchy-looking but

other than that, the rest of it's pretty nice," said Chantal Pitman, who lives near Victoria Road where the attack happened.

Three men and two women were attacked by a group of 15 to 20 young men early Sunday morning.

The victims were punched and kicked, and suffered minor injuries as a result. One man was treated in hospital for a concussion and then released.

Halifax Regional Police spokesperson Const. Pierre Bourdages said the nature of the incident is troubling, but said the location is immaterial.

"It has nothing to do with

Quoted

"It's just very concerning when that many people turn against a couple."

Const. Pierre Bourdages

the area, it has all to do with this group of men who for some reason targeted these five victims," he said.

One of the victims had a backpack taken during the assault. The K9 unit found it nearby with a few items still inside.

"We recovered some property in this case and hopefully we'll be able to have a better

description of the suspects," Bourdages said.

He added police always encourage citizens to be cognizant of their surroundings when travelling on foot.

"If there are people following you that are threatening in nature, call the police," said Bourdages.

Another local resident said a little common sense is all that's needed to say out of trouble.

"People have got in trouble going through the Commons but that's usually after 12," said Diane Blanchard. "You just need to be sensible."

EVAN MCINTYRE/FOR METRO

Getting Dropped Off at the Airport?



Construction is underway along the drop-off curb at Halifax Stanfield. Airport operations will continue, with safe access to the terminal building.

Please watch for signs and allow extra time for your next airport visit. Find out more at www.flyhalifax.com



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Hundreds rage at police after an officer guns down teenager

Toronto streetcar slaying. Assurances from police chief do little to quell outrage

Hundreds of protesters shouted at police and called for justice Monday as they gathered at the spot where a young man was shot dead in an altercation with Toronto police on a streetcar.

The mother and sister of Sammy Yatim, 18, were among a crowd of protesters that stretched more than a block as marchers headed to the intersection where the teenager died on Saturday morning.

The death has sparked a

flood of anger at police, who have suspended the officer involved. The crowd chanted "Shame!" with a handful of protesters angrily confronting police monitoring the march. Protesters briefly stopped and vented outside a police station.

Ontario's police watchdog is probing the incident, which was captured on video. Yatim was reportedly armed with a knife when he was shot.

Police Chief Bill Blair said the force will do all it can to answer the questions surrounding police conduct.

In addition to the Special Investigations Unit probe, he said he would be conducting a separate review to see if police procedures were followed.

THE CANADIAN PRESS



Head-on train crash leaves dozens of passengers injured

A police officer works at the site where two passenger trains collided head-on in Granges-pres-Marnand, western Switzerland, on Monday. Police say at least 35 people have been injured, five seriously. One person had yet to be recovered from the wreckage Monday night. LAURENT GILLIERON/KEystone/THE ASSOCIATED PRESS

Taser death. Mountie found not guilty of lying

An officer who was among the four Mounties at the Vancouver airport the night Robert Dziekanski died has been found not guilty of lying at a public inquiry into the Polish immigrant's death.

B.C. Supreme Court Justice Mark McEwan raised doubts about the Crown's theory that Const. Bill Bentley and the other officers colluded on their stories to homicide

investigators and then lied at the inquiry. He noted civilian witnesses made the same sort of mistakes as the Mounties.

Bentley was the first to be tried for perjury for his testimony during the 2009 inquiry into what happened the night Dziekanski was hit with a Taser and died.

Video evidence contradicted some of Bentley's statements. THE CANADIAN PRESS

Monkey see monkey don't. On the origin of monogamy

Only a few species of mammals are monogamous, and now dueling scientific teams think they have figured out why.

One team looked just at primates. The researchers said the exclusive pairing of a male and a female evolved as a way to let fathers defend their young against other males.

The other team got a different answer after examin-

ing about 2,000 species of mammals. They concluded that mammals became monogamous because females had spread out geographically, and so males had to stick close to fend off the competition.

But both teams discounted one long-standing explanation: that monogamy provides two parents for rearing offspring. That's just a side benefit, they said. THE ASSOCIATED PRESS



Sammy Yatim's mother, Sahar Bahadi, centre, family and supporters confront police who line the route at the rally on Monday. TORSTAR NEWS SERVICE

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Court verdict. Princesses reclaim \$4-billion estate

It has all the makings of a best-selling novel. An Indian maharaja crowned as a toddler and rich beyond imagination falls into a deep depression in old age after losing his only son.

After his own death a few months later, his daughters, the princesses, don't get the palaces, gold and vast lands they claim as their birthright. Instead, they are given a few dollars a month from palace officials they accuse of scheming to usurp the royal billions with a forged will. The fight rages for decades.

On Saturday, an Indian court brought this chapter to a close, ruling that the will of Maharaja Harinder Singh Brar of Faridkot was fabricated. His daughters will now inherit the estimated \$4-billion US estate, instead of a trust run by his former servants and palace officials.

Chief judicial magistrate Rajnish Kumar Sharma, in the northern city of Chandigarh, finally gave his ruling on the case filed by the maharaja's eldest daughter, Amrit Kaur, in 1992, a court official said on Monday. **THE ASSOCIATED PRESS**

Good God, call the fire dept.

Fifty Shades of ... that toaster is turning me on

London firefighters say they have freed hundreds of people with body parts trapped in household objects in the past three years, including 79 people trapped in handcuffs.

The London Fire Brigade

speculated that the popularity of the erotic novel *Fifty Shades of Grey* could account for a rise in handcuffs-related emergencies.

"I don't know whether it's the 'Fifty Shades' effect, but the number of incidents involving items like handcuffs seems to have gone up," said Third Officer Dave Brown.

Firefighters even treated a man with his penis stuck in a toaster. **THE ASSOCIATED PRESS**

Shift in tone: Pope reaches out to gays

'Who am I to judge?'

In first news conference as Pope, Francis says gay clergymen should be forgiven and their sins forgotten

Pope Francis reached out to gay people, saying he won't judge priests for their sexual orientation, in a remarkably open and wide-ranging news conference Monday as he returned from his first foreign trip.

"If someone is gay and he searches for the Lord and has good will, who am I to judge?" Francis asked. "We shouldn't marginalize people for this. They must be integrated into society."

Francis' predecessor, Pope Benedict XVI, signed a document in 2005 that said men



Pope Francis answers reporters' questions on Monday during a news conference aboard the papal flight on its way back from Brazil. **THE ASSOCIATED PRESS**

who had deep-rooted homosexual tendencies should not be priests. Francis was much more conciliatory in his first news conference as pope, saying gay

clergymen should be forgiven and their sins forgotten.

The comments did not signal any change in church policy. Catholic teaching still

holds that homosexual acts are "intrinsically disordered."

But they indicated a shift in tone under Francis' young papacy. **THE ASSOCIATED PRESS**

Animal activists: Why is there more love for Lassie than Three Little Pigs?

There's extensive evidence that pigs are as smart and sociable as dogs. Yet one species is afforded affection and respect; the other faces mass slaughter en route to becoming bacon, ham and pork chops.

Seeking to capitalize on that discrepancy, animal-welfare advocates are launching a campaign called The Someone Project that aims to highlight research depicting pigs, chickens, cows and other farm animals as more intelligent and



There's extensive evidence that pigs are as smart and sociable as dogs. **THE ASSOCIATED PRESS FILE**

emotionally complex than commonly believed. The hope is that more people might view these animals with the

same empathy that they view dogs, cats, elephants, great apes and dolphins.

"When you ask people why they eat chickens but not cats, the only thing they can come up with is that they sense cats and dogs are more cognitively sophisticated than the species we eat — and we know this isn't true," said Bruce Friedrich of Farm Sanctuary, the animal-protection and vegan-advocacy organization that is co-ordinating the new project.

THE ASSOCIATED PRESS



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Hudson's Bay to open Saks stores in Canada

Retail. Following \$2.9B acquisition of U.S. retailer, HBC will roll out chain's luxury and discount banners north of border

Hudson's Bay Co. says it will open up to seven full-line Saks stores in Canada and about

two dozen locations under a discount banner once it completes a \$2.9-billion US friendly deal to acquire the U.S. luxury retailer.

"We're going to move as quickly as we can," Richard Baker, HBC's chairman and chief executive, told analysts during on Monday. "We think there's a lot of opportunity for us to accomplish that rollout relatively quickly."

Saks currently operates 42 stores, including its flagship Saks Fifth Avenue in New York.

HBC says it may transform some of its Bay stores into Saks locations, open new Saks stores in existing buildings or, in some cases, build new stores from the ground up.

The retailer says it also plans to open up to 25 Saks Off Fifth discount stores in Canada. **THE CANADIAN PRESS**

Quoted

"We're going to move as quickly as we can. We think there's a lot of opportunity for us to accomplish that rollout relatively quickly."

Richard Baker, Hudson's Bay Co. chairman and chief executive



Teflon. Scientists find consumer chemical in polar bears' brains

Polar bears in East Greenland have dangerous pollutants that also appear in Teflon in their brains, according to Danish researchers.

"Other pollutants dissipate into the environment, but these don't," says lead researcher Rune Dietz, professor of wildlife biology and toxicology at Aarhus University in Denmark.

"And they don't exist in polar bears' habitat either. A lot of the production of products with these substances now takes place in China. (Our findings) show how far these pollutants are able to travel."

The dangerous chemicals, known as PerfluoroAlkyl Substances (PFASs), are in everyday items like Teflon pans and textile coatings. When a lowly fish species eats the chemical, and is then eaten itself, the chem-



ical moves up the food chain. The chemicals travel long distances inside the bodies of the various fish species and marine mammals, and eventually arrive in polar bear habitats. "When you get to the top of the food chain, where the polar bears reside, you get the highest concentration of these toxins," explains Dietz.

ELISABETH BRAUN/METRO WORLD NEWS

Lax regulation in China

- "The increase in PFASs in humans and polar bears is very frightening," says Danish researcher Rune Dietz. "The good news is that produc-

tion of products using these pollutants peaked in 2006. But it's worrying that there's still very little regulation of PFASs in China."

Tech trends

Smartphone ownership is surging, poll finds

Not only is smartphone ownership way up in Canada, users are getting increasingly addicted to their mobile devices, suggests a report released by Google. Based on online surveys with 1,000 Canadians earlier this year, it estimates 56 per cent of adults were using a smartphone, up from 33 per cent in early 2012. **THE CANADIAN PRESS**

Market Minute



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SEX ISN'T FOR POLITICOS TO DECIDE

Politicians aren't really known for being a particularly prudish bunch — Anthony Weiner, Bill Clinton, Eliot Spitzer and other public officials have had their share of high-profile sex scandals. And yet, a number of public figures made headlines last week for their sexually conservative policies.

American politician Ken Cuccinelli recently launched a web campaign aimed at resurrecting Virginia's Crimes Against Nature law, which would ban oral and anal sex between any two individuals. If passed, the law would make certain sex acts a felony with no consideration of context, effectively turning happily consenting, pleasure-seeking adults into sex offenders.

Across the pond, British Prime Minister David Cameron announced a new initiative to restrict access to online pornography throughout the country. This default porn filter will automatically block access to all sexually explicit websites and



SHE SAYS
Jessica Napier
metronews.ca

British citizens who are interested in viewing racy content will be forced into having a very awkward conversation with their service provider.

Both Cuccinelli and Cameron cite "protecting children" and "family values" as justification for their overreaching policies. "Family values" being one of those vague phrases that has no concrete meaning and is employed emphatically by right-wing politicians to attack everything from gay marriage to working mothers to Gossip Girl.

There's no doubt that this is tricky territory. Obviously intervention is necessary when it comes to things like child pornography, exploitation and sexual predators, but allowing government bodies to regulate what is or isn't sexually acceptable behaviour among the masses is a very slippery slope. I can't help but think of the overzealous minister in Footloose who is determined to outlaw rock music and dancing in his fic-

tional Bible-thumping town.

Whether you agree with Cuccinelli's Crimes Against Nature law or Cameron's porn filter, you have to admit that both policies seem utterly impossible to enforce. This effort to BAN ALL THE NAKED THINGS is just an exhausting waste of time and public resources.

Sex is everywhere, online and in person, and it comes in seemingly limitless varieties. Teaching our children that sex is something that is immoral and should be forbidden is going to create confusion and unhealthy attitudes toward their own sexuality.

When it comes to sexual pleasure, government officials should have no right to come between two consenting adults — or between an individual and a computer screen, for that matter.

Rather than finding new ways to control private (and legal) sexual activities, we should focus on having frank discussions with our children about sex and the dangers of the web.

Follow Jessica Napier on
Twitter @MetroSheSays



ZOOM

It's down for a dogfight



OLIVER EHMIG/SOLENT NEWS/REX FEATURES

Dog parachutes from airplane

An elite air-force unit has a new weapon for fighting crime — a parachuting dog. A Belgian shepherd named Jany jumps out of the aircraft at more than 1,000 feet, while attached to the chest of an officer. The explosive detector dog makes dozens of jumps with the Colombian Group of Air Special

Commands, specially set up to counter crime and terrorism.

The 90-man-strong group is tasked with combating terrorist and criminal activity at all of Colombia's airports. Each paratrooper carries their field equipment on their body for the jumps, which are fraught with danger as landing areas are often covered with anti-personnel blast mines.

METRO

Photographer's view

"She (Jany) was extremely calm during the flight and was euphoric when she touched the ground."

Oliver Ehmig, photographer. Ehmig captured the moment Jany and her tandem partner Jorge Herrera leapt into action.

This canine can ...

- **Belgian malinois.** Related to the German shepherd, this breed of canine is popular with armed forces and the police for its loyalty and ability to detect explosives and drugs.

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

A pleasant side effect of the proliferation of longform interview podcasts is that the demand for guests opens up space for people who aren't promoting a book or a film — people who just happen to be interesting. Here are three that capture a wide range of interests.

Kevin Pollak's Chat Show

Marc Maron's WTF is arguably ground zero for the feature-length chat with neurotic celebrity types, and Kevin Pollak's is among the best of the comedian herd who followed him into the genre.

Radio Open Source

Christopher Lydon plays host to a series of guest experts on topics ranging from what to make of the mess in Afghanistan, the collective art of revolutions and theories on the structure of organized crime.

Inner Compass

The religious overtones of Inner Compass may be a little uncomfortable for some, but it frequently fades into the background as guests discuss everything from the evolution of hip hop to becoming an accidental activist in Myanmar.



Twitter

@metropicks asked: Justin Trudeau said he supported legalizing marijuana when he unexpectedly stopped by a rally in Vancouver last week. Do you think this will bolster the movement?

@TheRealTuretz: I doubt it will have any real impact, since only stoners would let that influence their vote, and they're notoriously lazy.

@Vickivancouver: @robdelaney please save @Canada

Follow @metropicks and take part in our daily poll.

Letters

Do we wait for someone else who is mentally ill to commit a crime? Or do we try and change our society that acts only after the crime has been committed. The government offers little help to the families that are fighting for their adult children's lives to keep them from harming others and themselves.

What a tragedy we are facing. How many times do we hear or read that someone has been murdered due to the mental state of another? As a society we have buried our heads in the sand because our government chooses to not deal with this issue. Time for change.

Kerin Swift, Surrey B.C.

WE WANT TO HEAR FROM YOU:
Send us your comments: halifaxletters@metronews.ca

DVD reviews



G.I. Joe: Retaliation

Director. John M. Chu

Stars. Dwayne Johnson, Byung-hun Lee

G.I. Joe: Retaliation is a case of ADHD masquerading as a movie, hiding behind incoherent directing, writing and editing to minimize mayhem so as to secure a kid-friendly rating. It's like a giant explosion on a distant planet, observed but not felt. The stolid Dwayne "The Rock" Johnson joins grumpy Bruce Willis as the new top square-jaws of the changing cast, most of the original players having wisely opted for better gigs or early story exits. Based on an action figure and cartoon, G.I. Joe is reduced to an incomprehensible blur of throbbing testosterone tin men (and women), who rat-tat-tat their machine guns and shout inanities at each other. Even when something really big happens — say a major world city being blown up — the effect is like being hit with a clown's Nerf bat.

PETER HOWELL

Woody Allen: The good, the bad and the ugly

Director's cut.

Filmmaker's body of work is nothing but prolific — here Metro ranks the best to the worst from 1969 to the present

MATT PRIGGE

Metro World News in New York

It's that time of year again — that is, when Woody Allen releases his annual film. The exact time of year fluctuates. (In the '90s, it was always in the fall, in time for Oscars. For the last few years he's been an improbable summer movie filmmaker.)

And whenever one of his new films is released, it's time to do that thing when you sum up his career, looking back over his rather daunting body of work — a film per year, with few exceptions, since 1969!

Jordan Hoffman, over at Film.com, has done a terrific film-by-film ranking of Woody's 43 1/3 films, though he also includes some that he only wrote and/or acted in, like What's New, Pussycat?, Play It Again, Sam, and The Front. (It feels weird calling him "Allen" — which is, in fact, his actual first name — and especially "Mr. Allen," a la The New York Times.)

It's a great round-up, one not afraid to mount cogent defences of such runs like Shadows and Fog and Another Woman.



Woody Allen on the set of his latest film, Blue Jasmine. CONTRIBUTED

List justifications

Love and Death, our number one, is not always cited as Woody Allen's best straight-up comedy, much less his best overall film. People tend to gravitate toward Sleeper, which is a touch more sophisticated and reined-in. But that's why we love this: this movie is insane. It's incredibly dense, with parodies of Dostoyevsky and Ingmar Bergman and Sergei Eisenstein flying madly about. (It's crazy this is one of his biggest money-makers.) However, it's his last full-on comedy before the hybrid of comedy and drama that is Annie Hall.

And here, without any neurotic self-deprecation, is ours. (Note: This is only theatrically-

released films, not TV work, including the impossible to find Men of Crisis: The Harvey Wallinger Story — which, if anyone has a line on...)

Stone-cold masterpiece

- Love and Death (1975)
- Manhattan (1979)
- Bananas (1971)
- Annie Hall (1977)
- Sleeper (1973)

Near-masterpiece

- Radio Days (1987)
- Hannah and Her Sisters (1986)
- Broadway Danny Rose (1984)
- The Purple Rose of Cairo (1985)
- Crimes and Misdemeanors (1989)
- Deconstructing Harry (1997)
- Zelig (1983)
- Manhattan Murder Mystery (1993)

Really, incredibly good

- Stardust Memories (1980)
- Take the Money and Run (1969)
- Everyone Says I Love You (1996)
- Husbands and Wives (1992)
- Bullets Over Broadway (1994)
- Stardust Memories (1980)
- Blue Jasmine (2013)
- Vicky Cristina Barcelona (2006)
- Sweet and Lowdown (1999)

Quite solid

- Match Point (2005)
- Everything You Always Wanted to Know About Sex (But Were Afraid to Ask) (1972)
- Another Woman (1988)
- What's Up, Tiger Lily? (1966)
- Oedipus Wrecks, his contribution to New York Stories (1989) (this is his 1/3 film)
- Mighty Aphrodite (1995)
- A Midsummer Night's Sex Comedy (1983)

Problematic, but mostly positive

- Anything Else (2003)
- Cassandra's Dream (2005)
- Interiors (1978)
- To Rome, With Love (2012)
- Midnight in Paris (2011)
- Whatever Works (2010)
- Shadows and Fog (1991)
- Celebrity (1998)

Problematic, with less merit — but some

- Hollywood Ending (2002)
- Scoop (2006)
- Small Time Crooks (2000)

Pretty bad — but, you know, not entirely worthless

- September (1987)
- The Curse of the Jade Scorpion (2001)
- Alice (1990)
- Melinda and Melinda (2004)

2 SCENE



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Garfield extends his web

Q&A. The Amazing Spider-Man star reveals his fear of famous people and his hopes for his superhero sequel

For his last Comic-Con appearance, nearly a year before the release of 2012's *The Amazing Spider-Man*, Andrew Garfield wore a store-bought Spider-Man suit and gave a heartfelt speech about what the character means to him.

Thousands of fans who'd known Tobey Maguire as Peter Parker instantly had reason to embrace the new star. But Garfield was just as nervous before appearing inside the San Diego Convention Center's largest hall recently to promote *The Amazing Spider-Man 2*, which is set for release next year.

The 29-year-old actor again attended the presentation in his Spidey suit — this time a screen-worthy version — before appearing as him-

self to answer fan questions. He spoke about Comic-Con, his hopes for the second film and why he's afraid of famous people.

What's it like to be back at Comic-Con after your first experience?

I had so much fun, and I think about it often. It was a real highlight. It was like part extreme sport — it felt like skydiving, the amount of adrenaline that I had. I was like shaking and breathing incredibly hard.

Your recent remarks that Spider-Man could be gay generated a lot of response. Were you surprised?

I don't know about the response. All I know is it's an interesting question, more philosophically than anything. Obviously making this version of Peter Parker suddenly bisexual or gay wouldn't really make logical or dramatic sense. It was a hypothetical kind of question about the nature of these comic book characters and the nature of this particu-

lar character, and whether sexuality, race, any of those things makes any difference to the character of Peter Parker.

How do you like working with Jamie Foxx, who is playing the villain Electro?

Famous people scare me. I get really nervous around famous people. ... I over-compensate (with) how unimpressed I am, which is completely and utter rubbish.

So I'm a fan. But of course, with someone like Jamie who's not only this presence, but such an incredible talent, multitasking, who I've been a fan of for ages, is just a great man, a great person, and a gentle, kind, good soul and good spirit, and then suddenly it's like, let's shoot some hoops, have a chat, meet his daughter.

It's that weird myth of fame, of actors and musicians or whatever being any different from anyone else. It's that weird thing that I still (get) excited, "Oh they're on a pedestal, they're better,

they're better, they're just better." It's just not the truth. I love busting that myth any chance I get.

How do you like working with Emma Stone, and is there a danger of taking work home?

Well, you're assuming something there, which I will not be commenting about.

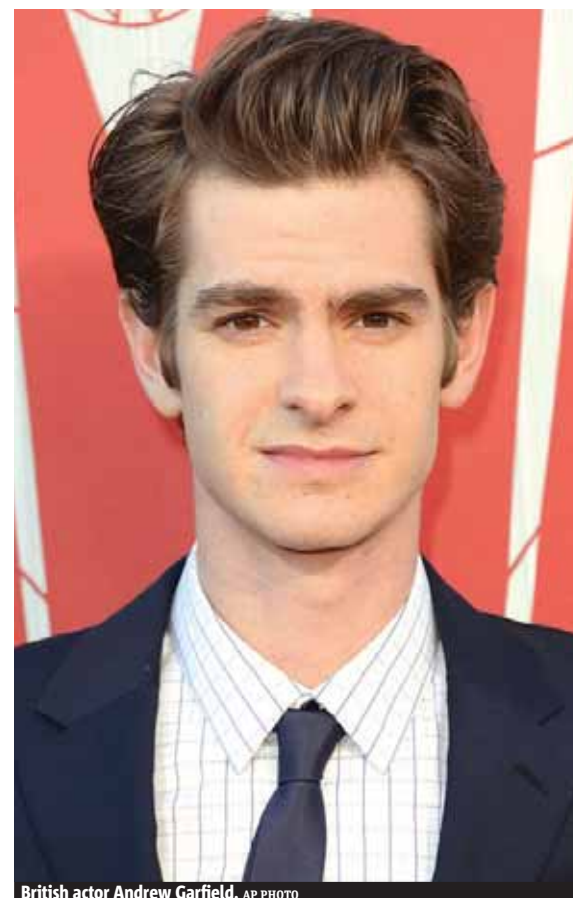
So how do you like working with Emma Stone?

I love it. She's a great gal, and, as we all know, a singular talent, like a completely unique, singular talent. She just was born like a purebred, in terms of you just say, "Go" and she goes. It's infuriating because I can't keep up with it.

Where does Spidey go from here?

We've got such a multidimensional story with multidimensional characters and a real cohesion. It's big, it's small. I've just got such a good feeling about it. I'm really hoping it lives up to my expectations.

THE ASSOCIATED PRESS



British actor Andrew Garfield. AP PHOTO

Lilly Rose Domestic Medium Hair

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Peter Jackson finally finished with Tolkien?

That's a wrap.

Filmmaker shares photos of his last days working on *The Hobbit* trilogy

Peter Jackson has wrapped up filming *The Hobbit* trilogy and shared pictures of his last day on the set with his Facebook fans.

The New Zealand filmmaker provided a steady stream of updates and photos from the set of the final film, *The Hobbit: There and Back Again*, on Friday.

The second film, *The Hobbit: The Desolation of Smaug*, will be released in December, and the finale appears in 2014.

The director posted pictures of dwarves, crew members and actor Martin Freeman, who plays the protagonist, hobbit Bilbo Baggins.

The photo updates began and ended with pictures of Jackson's cat, Mr. Smudge.



Peter Jackson, left, and actor Ian Murray McKellen on the final day of filming of *The Hobbit*. PETER JACKSON/THE ASSOCIATED PRESS

The final photo shows the director and feline cuddling, along with the caption: "A long day. A great day. Thank you all for being part of it! Now for some sleep!"

The Hobbit, based on J.R.R. Tolkien's novel of the

same name, is the prequel to Tolkien's *The Lord of the Rings*.

It follows Baggins' adventures as he tries to help a group of dwarves regain their wealth and stature from the dragon Smaug.

THE ASSOCIATED PRESS



Amanda Bynes ALL GETTY IMAGES

Bynes' rocky bond with parents revealed ahead of conservatorship bid

Amanda Bynes' parents may be the last people she wants in control of her life and finances, as the troubled actress and her mom and dad have always had a tense relationship, at least according to Bynes' former pal Ana Rivera, a model, who says Bynes resents her "overprotective" parents for

"telling her what to do and pushing her into acting, a career she never wanted," Rivera tells Radar. "She said she'd never been close to her family." Bynes' psychiatric hold has been extended, and a court date is set for next week to review her parents' bid for a conservatorship.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Oh to see an exciting Brad and Jen tiff at this year's TIFF



THE WORD
Dorothy Robinson
scene@metronews.ca

Brad Pitt and Jennifer Aniston, both happily engaged to other people eight years after their divorce, MIGHT spot each other at this September's Toronto International Film Festival, and this MIGHT be a big deal, because they MIGHT hug hello, and they MIGHT talk, and they

MIGHT wish each other well, and this will cause the universe to implode (if the folks at Us Weekly have anything to do with it, that is). A normal, civilized, post-divorce catch-up sesh surely is off the table for these two because in media, civil exes are boring. We want to catch these two either a) in a blowout as big as a Real Housewives fight, or b) with their pants down in the bathroom at the Four Seasons Toronto. If they're anything like normal Americans, though, they'll just be courteous and chat for a few minutes. Either that or pull the ol' "Oh, my ex is here? Let me pretend to look very busy on my phone for the next hour and a half."



Lisa Kudrow

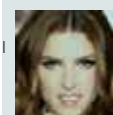
Phoebe and Chandler never wanted it to end

While talk of a Friends reunion movie may be dead in the water, stars Matthew Perry and Lisa Kudrow admit they wish the show hadn't gone off the air when it did. "If I had a time machine, I would like to go back to 2004 and not have stopped," says Perry, sitting in for Piers Morgan on his talk show,

with Kudrow serving as his guest. Kudrow agrees: "If it were up to us, you know, individually, then yes. I would keep going," she says. "There would have come a time anyway when someone would have said, 'We've had enough.' But why not have fun until they do?"



Twitter



@AnnaKendrick47
dated a guy who slammed my PB&J shut when he got frustrated w my need for peanut butter to be perfectly distributed. We did not last long.



@bobsaget
Thinking of changing my name to ;-)



@DanaDelany
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The summer fat breakdown

You know some fun foods are bad for you, but how bad? We're listing the best to worst

MICHELLE CASTILLO, METRO WORLD NEWS
Nutrition data from My Fitness Pal



1

LIGHT OR REGULAR LAGER

Total fat: 0 g / Cholesterol: 0 mg



2

WATERMELON (BALLED, 1 CUP)

Total fat: 0.2 g / Polyunsaturated: 0.1 g / Monounsaturated: 0.1 g / Cholesterol: 0 g



3

STRAWBERRIES (1 CUP)

Total fat: 0.5 g / Polyunsaturated: 0.2 g / Monounsaturated: 0.1 g / Cholesterol: 0 g



4

COLESLAW WITH MAYONNAISE (1 CUP)

Total fat: 3.1 g / Saturated: 0.5 g / Polyunsaturated: 1.6 g / Monounsaturated: 0.9 g / Cholesterol: 10 mg



5

PINA COLADA WITH RUM (8 OZ)

Total fat: 4 g / Saturated: 3.5 g / Cholesterol: 0 g



6

VANILLA ICE CREAM WITH CONE (SMALL, MCDONALD'S)

Total fat: 5 g / Saturated: fat: 3 g / Cholesterol: 15 mg



7

MACARONI SALAD WITH MAYONNAISE (1 CUP)

Total fat: 9 g / Cholesterol: 8 mg



8

CHOCOLATE CUPCAKE WITH FROSTING

Total fat: 10 g / Cholesterol: 0 g



9

POTATO CHIPS (28.3 G)

Total fat: 10 g / Saturated: 1.5 g / Cholesterol: 0 g



10

FRIES (SMALL, MCDONALD'S)

Total fat: 11 g / Saturated: 1.5 g / Cholesterol: 0 g



11

FALAFEL SANDWICH

Total fat: 14 g / Saturated: 2 g / Polyunsaturated: 6 g / Monounsaturated: 6 g / Cholesterol: 0 g



12

PEPPERONI PIZZA (1 SLICE)

Total fat: 14 g / Saturated: fat: 6 g / Cholesterol: 30 mg



13

HOT DOG WITH BUN, NO TOPPINGS

Total fat: 18.2 g / Saturated: 6.9 g / Trans 0.5 g / Cholesterol: 34.4 mg



14

POTATO SALAD WITH MAYONNAISE (1 CUP)

Total fat: 20.5 g / Saturated: 3.6 g / Polyunsaturated: 9.3 g / Monounsaturated: 6.2 g / Cholesterol: 170 mg



15

CHEESEBURGER (0.25 LBS, GRILLED)

Total fat: 21 g / Saturated: 4 g / Cholesterol: 144 mg

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Watermelon introduces its savoury side in light salad



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salad that combines watermelon, tomatoes and feta.

The balsamic glaze is sensational, and you avoid the calories and fat of oil-based dressings.

Follow directions exactly

for dressing. If too thick, just add a little more balsamic vinegar.

1. To make the salad: Place arugula, tomatoes, watermelon, feta, pistachios and

mint in a serving bowl.

2. To make the dressing: In a small skillet, add the balsamic vinegar and maple syrup. Bring the mixture to a boil, and cook at a rapid

Ingredients

Salad

- 4 cups (1 L) baby arugula or baby spinach
- 1 cup (250 ml) small red or yellow grape tomatoes
- 4 cups (1 L) cubed watermelon
- 1/3 cup diced reduced fat feta cheese (2 1/2 oz/75 g)

- 1/3 cup (80 ml) toasted chopped pistachios
- 1/4 cup (60 ml) chopped mint or parsley

Dressing

- 1 cup (250 ml) balsamic vinegar
- 1/4 cup (60 ml) maple syrup

boil for 8 to 10 minutes or just until the mixture bubbles on the entire surface

and is slightly syrupy. Do not overcook, or the syrup will get too thick.

Nothing beats a summer

Watermelon, Tomato, Pistachio and Feta Salad



This salad serves four. MIKE MCCOLL, FROM ROSE REISMAN'S UPCOMING OCTOBER 2013 BOOK

Health Solutions

It isn't 'just water'



NUTRI-BITES
Theresa Albert
DHN, RINCP
myfriendinfood.com

Oh, sure, it is 92 per cent water, but the other eight per cent of watermelon is a powerhouse. (And there is no such thing as "just" water anyway). Watermelon is a rare, excellent source of an important amino acid called citrulline, which is key in exercise muscle recovery and the elimination of ammonia.

The red flesh is delicious, but the white rind is even more concentrated in this nutrient. Don't throw it away! Trim the outer skin and save the white, less tasty portion to make a relish that is delicious with a cheese board, on baguette or burgers.

Watermelon Relish

- 2 cups (500 ml) watermelon rind. Remove the dark-green skin and cut the white part into 1/4-inch (0.6 cm) cubes
- 2 tsp salt (10 ml)

- 2 1/2 cups water (625 ml) and 3/4 cup (185 ml) water, divided
- 1/2 cup (125 ml) sugar
- 2 tbsps (25 ml) lemon zest, finely grated
- 2 tbsps (25 ml) lemon juice
- 1/2 tsp (2 1/2 ml) cinnamon
- 1/8 tsp cloves (0.5 ml)

Mix rind with salt and 2 1/2 cups (625 ml) water. Let stand covered at room temperature overnight. Drain and rinse well.

In saucepan, combine sugar with 3/4 cup (185 ml) water, the lemon zest and juice and cinnamon and cloves. Bring to boil over medium heat, add rind and cook gently for 40 mins. or until the rind is translucent and tender (do not boil hard as the mixture could caramelize). When done, remove from heat and cool. Keep refrigerated.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM/ RECIPE COURTESY OF THE NATIONAL WATERMELON PROMOTION BOARD

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Canadians on the brink of debt disaster? Bank says the statistics may be flawed



Debunking the numbers is a messy business, but always worth it. ISTOCK IMAGES



YOUR MONEY
Alison Griffiths
money@metronews.ca

"Statistics are like a bikini. What they reveal is suggestive, but what they conceal is vital." So said the late Aaron Levenstein, American professor of business.

I'm sure that's what TD Bank analysts commented to each other when they re-analyzed the oft-reported statistics about Canadians' perilous indebtedness.

The numbers go like this: Canadians' debt-to-income ratio is 162, so we owe \$162 for every \$100 of after tax income. This is worrying because Americans ran up a debt-to-income ratio of 163 just before the financial crash.

The falling sky is nigh, say the financial prognosticators, especially in light of Canada's stratospheric housing market.

But TD maintains that the

statistics are flawed. The Canadian figures include interest on non-mortgage debt and out of pocket health-care expenses, neither of which factor in to the American numbers.

When such costs are taken into account, our pre-crash neighbours had a debt-to-income ratio of 177 while we Canadians now stand at 156 per cent.

Certainly reason for concern, but we're not on the brink of Armageddon.

TD's reanalysis begs the question of why bogus, or at least flawed, statistics and conclusions can float around without contradiction, sometimes for decades.

These days surveys, reports and studies are hugely popular with all manner of companies and government agencies (TD, by the way, loves them.)

They're cheap advertising in a time of shrinking media outlets and budgets. For over-worked journalists, predigested research is very attractive.

Often the surveys produce an interesting slice of information about our lives and society. But some are just plain garbage.

A recent one about insurance bothered me and I discovered that most of the information had been lifted from an American study and then Canadianized poorly.

The problem with inaccurate or misleading surveys and reports is that they can create or solidify public opinion.

Take the level of Canadian indebtedness. Our debt level is too high, no question. But when statistics indicate that we're nearing a precipice, the public gets scared.

Worse, politicians leap into the fray and create lousy policies based on faulty assumptions.

I'd like to see a lot more debunking done, along the lines of TD Bank's recent report.

Contact Alison at griffiths.alison@gmail.com or alisongriffiths.ca



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360°

Getting touchy feely with robots

ELISABETH BRAW

Metro World News

Attention naysayers who predict that robots will never be like humans: the robots just made a huge leap in our direction. Researchers at the University of California, Berkeley, have invented robot skin — and it reacts when touched.

"With the interactive e-skin, we have demonstrated an elegant system on plastic that can be wrapped around different objects to enable a new form of human-machine interfacing," explained Ali Javey, an associate professor of electrical engineering and computer sciences at Berkeley who led the research team.

The e-skin is not really skin, of course: it's flexible plastic.

But its sensors react just like human skin. Lights flash when the skin is touched: softly in response to light touching, brightly in response to more pressure. The plastic sheets can be wrapped around robot limbs.



The e-skin isn't really skin. It's actually a flexible plastic with sensors.

ALI JAVEY AND CHUAN WANG

This will help the android creatures react to human beings. But the purpose of the skin is not to make robots more human. Instead, the researchers envisage it being used in wallpaper that functions like today's touchscreen devices.

"Unlike the stiff touchscreens on iPhones, computer monitors and ATMs, the e-skin is flexible and can be easily laminated on any surface," says the study's lead co-author, Chuan Wang, an assistant pro-

fessor of electrical and computer engineering at Michigan State University.

"I could also imagine an e-skin bandage applied to an arm as a health monitor that continuously checks blood pressure and pulse rates," Wang says.

The results of the study, which was funded by the Pentagon's pioneering research arm, DARPA, were published in the scientific journal Nature Materials.

McDonald 'never quits'

Under-18 hockey.

Halifax goalie McDonald lone Maritimer selected to Team Canada



ANDREW RANKIN
andrew.rankin@metronews.ca

Mason McDonald couldn't wait for his chance at redemption on Sunday.

The day before, the 17-year-old netminder had a wobbly start in Canada's national men's summer under-18 try-outs in Toronto, letting in five goals in his opening scrimmage.

After a difficult night, the

Halifax native woke up restored and ready to make a statement.

"I just felt it, I felt I could play a lot better and I knew I had it in me," said McDonald.

That's exactly what he did, allowing just one goal in Sunday's scrimmage and a pair of tallies in the camp's final inter-squad game on Monday.

Just hours later, his dream came true. He and Julio Billia were chosen among four goalies to backstop Team Canada at the 2013 Memorial of Ivan Hlinka tournament, from Aug. 5-10, in Czech Republic and Slovakia.

Another 13 forwards and seven defencemen were selected out of 38 invitees to the four-day camp.

Comeback kid

"Outside of his athletic ability, he showed he can do well facing adversity."

Team Canada assistant coach Dominique Ducharme, on Mason McDonald's performance.

McDonald is the only Maritimer of the lot.

"I'm just going to try my best to win a gold for the Maritimes and Canada," said McDonald. "After my goalie coach shook my hand and let me know I made it, it was the best moment of my life."

Since then he's gotten plenty of congratulatory messages from home.

He said he's unsure who will be the team's starting goalie, which he added would likely be

decided after Canada's pre-tournament game against Slovakia on Aug. 3. McDonald and Co. open the tournament against Czech Republic on Aug. 5.

Team Canada assistant coach and Halifax Mooseheads bench boss Dominique Ducharme said he was especially impressed with the Bathurst Titan's character and resilience.

"He's good on the first shot, he's competitive, he never quits and he's always involved in the play," said Ducharme.



Goalie Mason McDonald is the only Maritimer on Canada's national men's summer under-18 team. COURTESY QMJHL



Hope she saved something for the final

Lithuania's Ruta Meilutyte reacts after setting a new world record time in the women's 100-metre breaststroke semifinal at the FINA world championships in Barcelona. A breakout star at last year's London Olympics, the 16-year-old set the first world record of the meet Monday night — in the semifinals of the 100-metre breaststroke, no less. The youngster touched in one minute, 4.35 seconds, beating the record set by American Jessica Hardy in 2009 at the end of the rubberized suit era. QUINN ROONEY/GETTY IMAGES

Bodnarchuk 'not going to tiptoe around' with Kings



Alex Bodnarchuk with the AHL's Manchester Monarchs last season. CONTRIBUTED

This time if Andrew Bodnarchuk leaves the Los Angeles Kings it will be kicking and screaming.

The 25-year-old Hammonds Plains defenceman and former Halifax Mooseheads captain has tasted NHL action and has a wealth of AHL experience under his belt.

Come fall when training camp arrives, he's determined to stick with the Kings. He's especially emboldened after signing a two-year, two-way deal

with the team on Monday.

"I definitely feel the most ready and least intimidated by an NHL camp," said Bodnarchuk. "There is a spot on the team so that's the mentality I'm going in with. I'm not going to tiptoe around."

After signing a one-year deal with the club last summer Bodnarchuk spent a few weeks prior to the lockout shortened season with the Kings but was sent down to their AHL affiliate Manchester Monarchs to start

the campaign. He was later recalled last January when Matt Greene went down with an injury, but didn't see ice time.

"I just have to bring what I have this time. They don't want me to change my game and change me to a different player, and I'm going to be ready for my chance," he said.

Bodnarchuk admits he's had a bit of a rollercoaster career. He started his pro career with the Boston Bruins' organization, where he played all

five of his NHL games.

He's grateful for where he is today.

"I love every day of what I do, whether you're in the AHL or NHL you're getting quite a bit of money to play the game you love," Bodnarchuk said.

"Sometimes it takes longer for some players to develop into the player they can be, but when I make that jump hopefully I can say I'm one of those players."

ANDREW RANKIN/METRO

4 SPORTS

Underachieving Jays willing to make deals at deadline

MLB. But fire sale not expected as GM Anthopoulos hopes to contend in 2014

After a busy off-season, the Toronto Blue Jays were expected to be contenders.

Instead they're well under .500, out of the American League East and AL wild-card races and grasping for positives amid a season that hasn't gone according to plan.

"When you're not winning games, it's not good," general manager Alex Anthopoulos said during a recent home-stand. "You're scratching your brain trying to come up with ways to get better."

One way to get better, for next year and beyond, involves selling before Wednes-

day afternoon's trade deadline. Anthopoulos recognizes the Blue Jays' place at the bottom of the standings, but with the hope of contending in 2014 there might not be many assets available to deal.

"Everyone's in trade mode," Anthopoulos said. "I think anything we do, if we can do something that helps currently, great, but even for the following year as well, we'll look to do it. We're having dialogue, but I'd say every player we're having dialogue about are players that can help us beyond the current year."

In other words, don't expect a fire sale of every Blue Jays player who has underachieved this season. Only three are impending free agents: Starter Josh Johnson, whose value is at an all-time low, reliever Darren Oliver, who's 42 years old, and out-

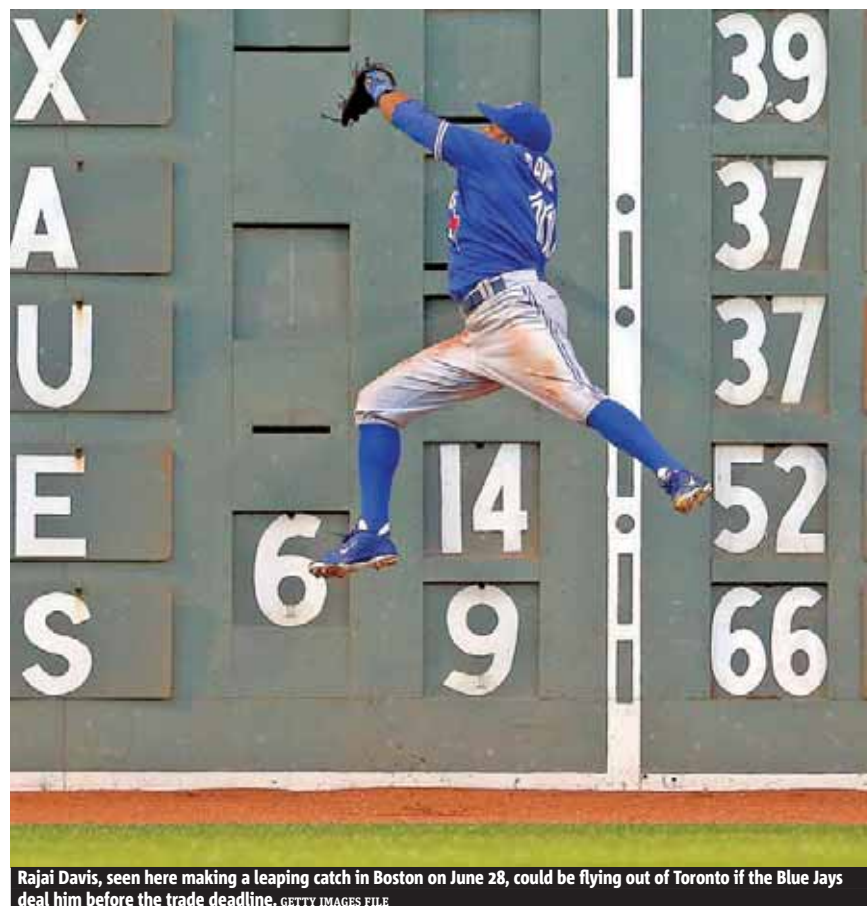
Setting the bar

The market for reliever trades has already been set.

- On Monday the Los Angeles Angels of Anaheim traded 37-year-old former Blue Jays lefty Scott Downs to the Atlanta Braves for minor-league right-hander Cory Rasmus.
- Also Monday, the Houston Astros traded closer Jose Veras to the Detroit Tigers for 19-year-old outfield prospect Danry Vasquez and a player to be named later.

fielder Rajai Davis, who's a part-timer relied on mostly for his speed.

THE CANADIAN PRESS



Rajai Davis, seen here making a leaping catch in Boston on June 28, could be flying out of Toronto if the Blue Jays deal him before the trade deadline. GETTY IMAGES FILE

PEds

MLB could be closing in on A-Rod: Source

Major League Baseball may try to suspend Alex Rodriguez under its collective bargaining agreement instead of its drug rules, which would eliminate any chance of delaying a penalty until after the case goes to an arbitrator, The Associated Press has learned.

Rodriguez has never been disciplined for a drug offence, and a first offender under baseball's Joint Drug Agreement is entitled to an automatic stay if the players' association files a grievance — meaning the penalty is put on hold until after an arbitrator rules.

While use of banned performance-enhancing substances falls under the drug agreement, MLB may argue other alleged violations are punishable under the labour contract, a person familiar with management's deliberations told the AP, speaking on condition of anonymity because no statements were authorized.

THE ASSOCIATED PRESS

Virtual pro. Draft pick Seth Jones to be included in NHL '14 video game

Seth Jones' virtual image will skate in the NHL before he does.

Jones had high-resolution photo images of his face scanned Monday for NHL '14 at the headquarters of the video game's maker, EA Sports, in the Vancouver suburb of Burnaby. The video game comes out in September before Jones, taken fourth overall in this year's NHL draft, secures employment with the Nashville Predators.

Jones, an avid video game player, approached the company about the chance to get his likeness on screen.

"It's cool to see what goes on behind the scenes," said Jones after the brief photo shoot.

Sitting under bright lights in a small studio on what is known as the "hot seat," Jones puckered up, smiled, grimaced and delivered other facial expressions upon instruction while EA employees stood by and cameras recorded his moves.

"The expressions are actually kind of funny, but you've got to do them," said Jones, an 18-year-old Plano, Tex., native. "It's cool to have



First-round draft pick Seth Jones does facial expressions for EA. DARRYL DYCK/THE CANADIAN PRESS

them be able to make you talk in a game and all sorts of things."

The entire session lasted just a few minutes. Jones, whose father Popeye Jones played in the NBA, spent about two hours playing a prototype of NHL '14.

Sean Ramjagsingh, the lead producer of NHL '14, said the firm wanted to put Jones' facial images in the game to provide more authenticity to the virtual representation of the on-ice version.

THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Tampa Bay	63	43	.594	—
Boston	63	44	.589	1/2
Baltimore	58	48	.547	5
New York	55	50	.524	7 1/2
Toronto	48	56	.462	14

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	59	45	.567	—
Cleveland	57	48	.543	2 1/2
Kansas City	51	51	.500	7
Minnesota	45	57	.441	13
Chicago	40	63	.388	18 1/2

WEST DIVISION

	W	L	Pct	GB
Oakland	62	43	.590	—
Texas	57	49	.538	5 1/2
Seattle	50	55	.476	12
Los Angeles	48	56	.462	13 1/2
Houston	35	69	.337	26 1/2

Monday's results

Tampa Bay 2 Boston 1
Cleveland 3 Chicago White Sox 2
Texas 4 L.A. Angels 3
Toronto at Oakland

Sunday's results

Cleveland 6 Texas 0
N.Y. Yankees 6 Tampa Bay 5
Toronto 2 Houston 1
Detroit 12 Philadelphia 4
Boston 5 Baltimore 0
Kansas City 4 Chicago White Sox 2 (12)
Oakland 10 L.A. Angels 6
Seattle 6 Minnesota 4

Tuesday's games

All Times Eastern
Houston (Norris 6-9) at Baltimore (Chen 5-3), 7:05 p.m.
Chicago White Sox (Peavy 8-4) at Cleveland (Kazmir 6-4), 7:05 p.m.
Washington (Strasburg 5-8) at Detroit (Sanchez 8-7), 7:08 p.m.
Arizona (Kennedy 3-7) at Tampa Bay (Hernandez 5-11), 7:10 p.m.
Seattle (Saunders 9-9) at Boston (Workman 0-1), 7:10 p.m.
L.A. Angels (Wilson 11-6) at Texas (Holland 8-6), 8:05 p.m.
Kansas City (Santana 6-6) at Minnesota (Pelfrey 4-8), 8:10 p.m.
Toronto (Buehrle 6-7) at Oakland (Straily 6-4), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	61	45	.575	—
Washington	52	54	.491	9
Philadelphia	49	56	.467	11 1/2
New York	47	56	.456	12 1/2
Miami	40	64	.385	20

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	62	41	.602	—
Pittsburgh	62	42	.596	1/2
Cincinnati	59	47	.557	4 1/2
Chicago	48	56	.462	14 1/2
Milwaukee	44	61	.419	19

WEST DIVISION

	W	L	Pct	GB
Los Angeles	56	48	.538	—
Arizona	54	51	.514	2 1/2
Colorado	51	56	.477	6 1/2
San Diego	48	58	.453	9
San Francisco	46	58	.442	10

Monday's results

Pittsburgh 9 St. Louis 2
Atlanta 9 Colorado 8 (10)
N.Y. Mets 6 Miami 5
Milwaukee 5 Chicago Cubs 0
Cincinnati at San Diego

Sunday's results

Miami 3 Pittsburgh 2
Washington 14 N.Y. Mets 1
Chicago Cubs 2 San Francisco 1
Colorado 6 Milwaukee 5
L.A. Dodgers 1 Cincinnati 0 (11)
San Diego 1 Arizona 0
Atlanta 5 St. Louis 2

Tuesday's games

All Times Eastern
Milwaukee (Gallardo 8-9) at Chicago Cubs (Villanueva 2-7), 2:20 p.m.
St. Louis (Lyons 2-3) at Pittsburgh (Burnett 4-7), 4:05 p.m.
San Francisco (Zito 4-7) at Philadelphia (Lannan 2-4), 7:05 p.m.
Colorado (Nicasio 6-4) at Atlanta (Wood 0-2), 7:10 p.m.
N.Y. Mets (Wheeler 4-1) at Miami (Eovaldi 2-1), 7:10 p.m.
St. Louis (Lynn 12-5) at Pittsburgh 7:35 p.m.
Milwaukee at Chicago Cubs (Arrieta 0-0), 8:05 p.m.
N.Y. Yankees (Pettitte 7-8) at L.A. Dodgers (Greinke 8-3), 10:10 p.m.
Cincinnati (Latos 10-3) at San Diego (Volquez 8-8), 10:10 p.m.

CFL

WEEK FIVE

EAST

	GP	W	L	T	PF	PA	Pt
Toronto	4	2	2	0	118	116	4
Montreal	5	2	3	0	122	139	4
Hamilton	5	1	4	0	99	158	2
Winnipeg	5	1	4	0	115	146	2

WEST

	GP	W	L	T	PF	PA	Pt
Saskatchewan	5	5	0	0	183	87	10
Calgary	5	4	1	0	162	133	8
B.C.	4	3	1	0	104	84	6
Edmonton	5	1	4	0	99	139	2

Tuesday's game — All Times Eastern

B.C. at Toronto, 7:30 p.m.

WEEK SIX

Byes: Calgary, Montreal, Saskatchewan, Toronto

Friday, Aug. 2

Hamilton at Edmonton, 9 p.m.

Monday, Aug. 5

Winnipeg at B.C., 7 p.m.

WEEK SEVEN

Byes: B.C., Edmonton, Hamilton, Winnipeg

Thursday, Aug. 8

Toronto at Montreal, 7:30 p.m.

Friday, Aug. 9

Saskatchewan at Calgary, 9 p.m.

SOCCER MLS

Sunday's result

Seattle 2 Chivas 1

Saturday's games

All Times Eastern
Chicago at Philadelphia, 7:30 p.m.
Montreal at D.C., 7:30 p.m.
New York at Kansas City, 8 p.m.
Columbus at Houston, 9 p.m.
Salt Lake at Colorado, 9 p.m.
Chivas at San Jose, 10 p.m.
Dallas at Seattle, 10:30 p.m.
Vancouver at Portland, 11 p.m.

Sunday's games

Toronto at New England, 7:30 p.m.

Horoscopes

Aries

March 21 - April 20

Make the best use of every minute of your time today. What you do is important, but how you do it is even more so right now. Why? Because influential people are watching.

Taurus

April 21 - May 21

Partnership problems must not be allowed to detract from the wonderful opportunities now coming your way. If there are any outstanding squabbles, you must deal with them now.

Gemini

May 22 - June 21

People are going out of their way to be nice to you and you should go out of your way to return the favour. Fun is for everyone but especially for you.

Cancer

June 22 - July 23

Why are you hesitating to start something you know you will enjoy — and which could make lots of money? Whatever the reason, you've got to get over it or you will look back later and regret that you were not more dynamic.

Leo

July 24 - Aug. 23

There are major changes going on around you and the good news is every one of them can be used by you to further your interests. Whatever else you do today don't fear change — make it work for you.

Virgo

Aug. 24 - Sept. 23

It seems you are focusing on things you fear rather than things you have to look forward to. That's silly and you know it. Everyone else thinks you're a star, so why don't you? Start acting like one today.

Libra

Sept. 24 - Oct. 23

Fate has a way of giving us what we need, though whether we want it at the time is another matter, of course. What happens today may shock you but it will also inspire you to aim higher.

Scorpio

Oct. 24 - Nov. 22

Today's Venus-Pluto link will bring back your passion for something you seem to have forgotten about for a while. This time you'll give it your undivided attention, and this time you'll see it through.

Sagittarius

Nov. 23 - Dec. 21

These may be fun times but you should also be giving some thought to what changes you would like to see. They must, of course, be serious changes. Going through the motions won't be any good.

Capricorn

Dec. 22 - Jan. 20

You'll be moving around today, in pursuit of things you have set your heart on. Remember that not everyone shares your taste in possessions.

Aquarius

Jan. 21 - Feb. 19

The planets are urging you to put bad feelings behind you and patch up a relationship that still has a lot of mileage in it. You have come so far together, surely you can go all the way to the finish line.

Pisces

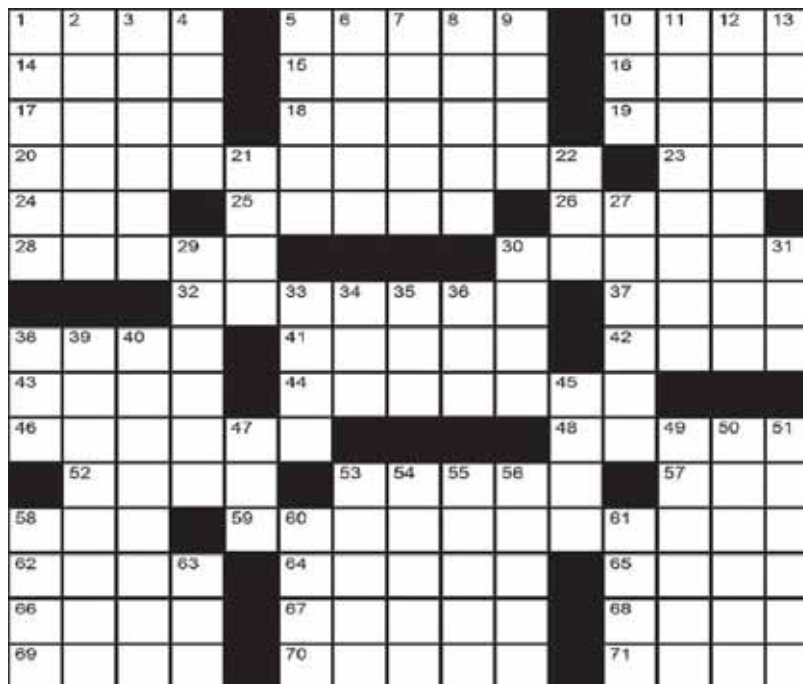
Feb. 20 - March 20

You may not like having to say "no" to people who depend on you but if you don't it will be you who loses out. Haven't they been depending on you a bit too much? **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. French miss [abbr.]
5. CNBC's "The Suze ___ Show"
10. Goes for
14. Attack, like a lion
15. Lift with might
16. Golfing hazard
17. Ponder
18. Year's historic record
19. "The Bridges at ___ Ri" (1954)
20. Canuck sweet treats
23. Animal's health pro
24. Mork's planet
25. Stands for
26. Norse deity
28. Old Testament hymn
30. Argentina's capital, ___ Aires
32. "Oh, puh-leeze." gesture
37. Be goofy, ___ fool
38. Some TVs
41. Sound
42. Depilatory brand
43. Sequences, for short
44. Rise, as a hill
46. Ump's call, "___!"
48. Actress Eva
52. Succeeds
53. City in Quebec
57. Pirate's positive
58. Pre-A.D. time



- alternative
59. Job title for "The Da Vinci Code" (2006) character Robert Langdon
62. "Casablanca" (1942) role, Ilsa ___
64. "Let's take ___." (Pre-show-of-hands comment)
65. Opera voice
66. Spewer of Sicily

67. Point-to-turn on
68. Stagger
69. Hand-me-down
70. City of Tuscany in Italy
71. Roger McGuinn, as a band member

3. Capital of Zambia
4. Distance above sea level [abbr.]
5. Windy City airport
6. Hertz ___ -Car
7. NB's Grand ___ Island
8. J' ___; Nous avions; Vous aviez...
9. Jodie Foster movie
10. Cdn. capital
11. Canada's one-

- of-ten
12. Heed: 2 wds.
13. Predicament
21. Actress Ms. Rossum
22. Old French coin
27. Ms. Durbin (Winnipeg-born star)
29. Learning session
30. Count Basie's "Blee ___ Blues"
31. Roosted

33. Restaurant chain, ___ Side Mario's
34. Groove
35. "___ to Billie Joe" by Bobbie Gentry
36. "Why'd You ___" by Colin James
38. Mr. Rogers of Westerns
39. "Sh-Boom": '50s hit for Toronto quartet The ___
40. Ms. Clarkson, Canadian journalist who became Governor General
45. "L'Espresso my ___!" (Famous commercial slogan)
47. Battleship letters in The States
49. Canadian sprinting great/Olympian, Donovan ___
50. Prairie ___, Canadian country band
51. Narrated again
53. Nero's 2007
54. Over
55. Boarded the bus: 2 wds.
56. "Get Here": Early-'90s hit for ___ Adams
58. Cordon ___
60. High-pitched barks
61. Outfit
63. Pop

Yesterday's Crossword

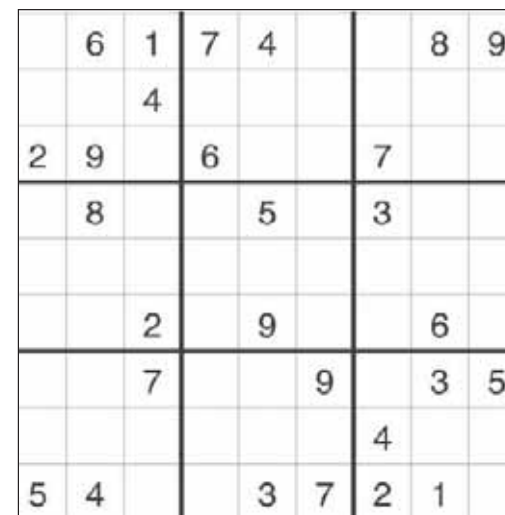


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

24°/15°
Thunderstorms
60%

Wednesday

24°/14°
Partly cloudy

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